



3

NIGHTS

TRANSITION PURPOSEFULLY

Put career, relationship, life transitions into perspective, and set the stage for your successful next phase.

My Core Program

- Program Advising
- Cultivating a Life of Purpose
- Life's Transitions and Change
- Meditation or Private Mind-Body
- Rite of Passage

Turn card over for choice options ↪

NOTES

My Choice Options

1 included with your pathway

- Deep Tissue Massage
- Healthy Eating Consultation
- Kypris Signature Faciale
- Private Creative Expression
- Private Pilates
- Private Yoga

“

When you are inspired
by some great purpose,
some extraordinary project,
all your thoughts break
their bonds.

”

PATANJALI, CIRCA 100 BC

All services/experiences highlighted in this pathway are subject to change for reasons without notice. Services/activities unique to your destination may be recommended in place of listed options. Services/activities substituted will always be an equal value.