



# 7

NIGHTS

## TRANSITION PURPOSEFULLY

Put career, relationship, life transitions into perspective, and set the stage for your successful next phase.

### My Core Program

- Program Advising
- Cultivating a Life of Purpose
- Life Management
- Life's Transitions and Change
- Meditation or Private Mind-Body
- Rite of Passage

Turn card over for choice options ↶

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## My Choice Options

5 included with your pathway

- Acuphoria
- Acutonics
- Chakra Balancing
- Deep Tissue Massage
- Haircut & Blow Dry
- Healthy Eating Consultation
- Hypnotherapy
- Kypris Signature Facial
- Metaphysical
- Outdoor Adventure
- Personal Training
- Private Creative Expression
- Private Pilates
- Private Yoga

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Go confidently in the direction  
of your dreams.

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HENRY DAVID THOREAU

*All services/experiences highlighted in this pathway are subject to change for reasons without notice. Services/activities unique to your destination may be recommended in place of listed options. Services/activities substituted will always be an equal value.*